

# COVID-19 WHAT YOU CAN EXPECT FROM seekingQsitters



## Healthy Sitters

Each Sitter agrees to show up healthy to your home, without any of the following health concerns:

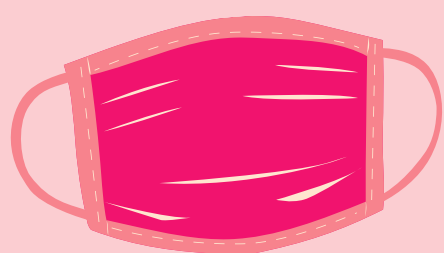
- fever >100.4
- new or changing cough
- difficulty breathing



## Sitter Check In

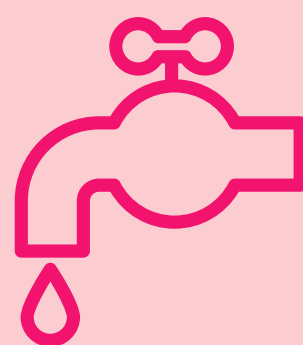
All Sitters will perform a self temperature check prior to leaving their home to head to your home.

Your Sitter will post their temperature in the "Live Updates" section of your member profile.



## Protective Equipment

All actively working sitters will be provided with a mask. Each family decides if the sitter can remove the mask while in your home.



## Frequent Hand Washing

Upon arrival, each sitter will wash their hands for a minimum of 20-seconds. Sitters will also bring hand sanitizer with them.



## Disinfected Surfaces

Each family is asked to provide access to household approved cleaning supplies. As always, we will leave your home looking as good as we found it, this includes spraying or wiping down high-touch surfaces as necessitated by COVID-19 conditions.

Safety has always been top priority for SeekingSitters. You can rest assured that your sitter will show up to your home healthy with the proper precautions and monitoring in place.

*Book your next event today at [seekingsitters.com](https://seekingsitters.com)*